

OCTOBER | 2023

Lunch - WM



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2 <u>Cheeseburger Macaroni*</u> <u>Cornbread*</u> <u>Garlic Broccoli</u></p>	<p>3 <u>Chicken Quesadilla*</u> <u>Salsa/Sour Cream</u> <u>Tortilla Chips</u> <u>Mexican Corn</u></p>	<p>4 <u>Beef & Noodles</u> <u>Roasted Green Beans*</u> <u>Mashed Potatoes*</u></p>	<p>5 <u>Stuffed Aria Sausage</u> <u>Pizza</u> <u>Breadstick w/ marinara</u> <u>Salad w/ dressing</u></p>	<p>6 <u>No School</u> <u>Teacher Institute Day</u></p>
<p>9 <u>No School</u> <u>Columbus Day</u></p>	<p>10 <u>Walking Tacos*</u> <u>Tomato/lettuce</u> <u>Salsa/Sour cream</u> <u>Refried Beans</u> <u>Spanish Rice</u></p>	<p>11 <u>Turkey Sliders</u> <u>Chips</u> <u>Fresh Veggies w/ ranch</u> <u>Corn on the Cob*</u></p>	<p>12 <u>Spaghetti w/ meat sauce*</u> <u>Garlic Toast</u> <u>Green Beans</u> <u>Apple Crisp</u></p>	<p>13 <u>Hamburgers*</u> <u>Tomato/Onion/Lettuce</u> <u>Cheese/Pickles</u> <u>Potato Wedges*</u></p>
<p>16 <u>Grilled Cheese</u> <u>Chili ** w/ crackers</u> <u>Fresh Veggies w/ ranch</u></p>	<p>17 <u>Beef Taco*</u> <u>Tortilla Chips</u> <u>Salsa/Sour cream</u> <u>Sweet Corn Cake*</u> <u>Seasoned Black Beans</u></p>	<p>18 <u>Chicken Strips*</u> <u>Roasted Fingerling</u> <u>Potatoes*</u> <u>Baked Beans</u></p>	<p>19 <u>Stuffed Aria Cheese Pizza</u> <u>Breadstick w/ marinara</u> <u>Salad w/ dressing</u></p>	<p>20 <u>Salisbury Steak*</u> <u>Bread & Butter</u> <u>Mashed Potatoes * w/</u> <u>brown gravy (on side)*</u> <u>Mixed Vegetables</u></p>
<p>23 <u>Pork Chop*</u> <u>Dinner Roll</u> <u>Carrots</u> <u>Baked Beans</u></p>	<p>24 <u>Taco Tater Tot Casserole*</u> <u>Salsa/Sour Cream</u> <u>Mexican Corn</u> <u>Spanish Rice</u></p>	<p>25 <u>Chicken Parmesan * w/</u> <u>Pasta</u> <u>Garlic Bread</u> <u>Green Beans*</u></p>	<p>26 <u>Bacon Pizza*</u> <u>Corn on the Cob*</u> <u>Salad w/ dressing</u></p>	<p>27 <u>No School</u> <u>P/T Conference</u></p>
<p>30 <u>Pancake *w/ syrup</u> <u>Sausage Patty *</u> <u>Shredded Hash browns *</u></p>	<p>31 <u>Beef Nachos*</u> <u>Salsa/Sour Cream</u> <u>Refried Beans</u></p>	<p>1</p>	<p>2</p>	<p>3</p>

News

Additional milk or milk for sack lunches - \$.35

A FRESH FRUIT AND MILK (1% WHITE OR CHOCOLATE) COMES WITH EACH MEAL

ITEMS UNDERLINED ARE MADE FROM SCRATCH.

ITEMS WITH * ARE MADE WITH LOCAL FOODS.

